

# SEATON / COLYTON WALKS

Wednesday	Walk	Meeting Place	Grade
07/08	Colyton	Colyton Picnic Area, Hillhead, Ex24 6NJ	1,2
14/08	Kilmington	Village Hall Car Park	2,3
21/08	Shute Pillars	Shute Pillars car park, just off the road from A35 heading for Shute	1,2
28/08	Musbury Castle	A358, at Musbury, right into The Street, then Church Hill, Church Car Park	2,3
04/09	White Cross Picnic Site	White Cross Picnic Site car park, East Hill	1,2
11/09	Seaton	Seaton Tesco Entrance, (2 hrs free parking )	2,3
18/09	Otterton	Otterton Mill car park, EX9 7HG	1,2
25/09	Sidford Byes	Warrens Mead, Byes Lane, Sidford, park at Rugby Club – EX10 9PY	2,3
02/10	Donkey Sanctuary	A3052, between Seaton & Sidford, EX10 0NU	1,2
09/10	Uplyme	Talbot Arms car park, DT7 3TF	2,3
16/10	Colyton River Walk	Colyton Tramway overflow car park, EX24 6HA	1,2
23/10	Beer	Beer Head Car Park, (pay & display) EX12 3AH	2,3
30/10	Blackbury Camp	Signposted off Seaton to Hare & Hounds Road	1,2
06/11	Trinity Hill	From A3052 or A35 into Trinity Hill Road, Forestry Commission Car Park near River Cottage HQ, EX13 8TB	2,3
13/11	Lyme Regis	Monmouth Beach Car Park DT7 3JN ( Pay & Display – card only )	1,2
20/11	Harpford Woods	Park in layby off A3052, near the Bowd Inn, EX10 0DN	2,3
27/11	Seaton Cycle Way	Seaton Wetlands car park off Colyford Rd and through the Cemetery ( donations )	1,2
04/12	Sidford Byes	Warrens Mead, Byes Lane, Sidford, park at Rugby Club – EX10 9PY	2,3
11/12	Donkey Sanctuary	Off A3052, between Seaton and Sidford, EX10 0NU	1,2
18/12	Uplyme – Walker's Lunch	Talbot Arms car park LATE START AT 11 AM	2
<b>MERRY CHRISTMAS</b>		<b>A HAPPY NEW YEAR</b>	
08/01/25	Seaton to Seaton Hole	Seaton Tesco Entrance, (2hrs free parking or free parking on Seafront )	2,3
15/01/25	Colyton	Colyton Picnic Area, Hillhead, EX24 6NJ	1,2
22/01/25	Otter Estuary	Otter Estuary Nature Reserve Car Park, South Farm Road, EX9 7AZ	2,3
29/01/25	Sidmouth Glen	Meet at Manor Road Car Park ( Pay & Display ) or park on Peak Hill Road (free parking)	1,2

**Grade 1 – 30 Mins, Grade 2 - 30 to 60 Minutes, Grade 3 – 60 to 90 Minutes**

**If there is a weather warning on the day of the walk, then the walk will be automatically cancelled.**



# WELLBEING WALKS

## Free walks every Wednesday in East Devon

All walks start at 10.30am, please arrive 15 mins before for registration.

All LED walks are free of charge.

Please wear suitable clothing, strong supportive footwear and bring a bottle of water on warm days.

## Everyone Welcome



### What are Wellbeing Walks?

Wellbeing Walks are free, short walks that take place all across England. They're designed to help you take the first step towards better health, wellbeing and happiness.

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