



Free Wellbeing Walks in East Devon

All walks start at 7.30pm, please arrive 15 mins before for registration.

All LED walks are free of charge. We simply ask that you bring enough money to join us for refreshments at the end if you would like to.

Please wear suitable clothing, strong supportive footwear and bring a bottle of water on warm days.

Everyone Welcome



Evening Summer Walks

2026

Grade 2 only – up to 60 minutes

Wednesday	Walk	Meeting Place
13 th May	Budleigh Salterton	Car park at Public Hall
27 th May	Newton Poppleford Orchards	Car park at Cannon Inn
10 th June	Ladram Bay	Car park Maunders Hill
24 th June	Topsham	Car park at Holman Way, back of train station
8 th July	East Budleigh	Hayes Barton car park behind the church
22 nd July	Bowd Woods	Car park at Bowd Inn
5 th August	Harpford Woods	Car park at Golden Lion, Tipton St John
19 th August	Lympstone	Main car park in Village
2 nd September 7pm Start	Budleigh Salterton	Car park at Public Hall

For more information contact LED Community Team
outreach@ledleisure.co.uk

All walks start at 7.30pm apart from September 2nd.

Please arrive 15 minutes before registration.

If there is a weather warning on the day of the walk, then the walk will be automatically cancelled.

