

GYM TIMETABLE

OTTERY ST MARY
LEISURE CENTRE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
GYM OPEN:	06.30-21.30	07.00-21.30	07.00-21.30	06.30-21.30	07.00-21.00	08.00-17.00	09.00-14.00
06:00							
07:00	Circuits 07.00 - 07.30		Circuits 07.00 - 07.30		Circuits 07.00 - 07.30		
08:00							
09:00	School Session 08.50 - 09.50	School Session 08.50 - 09.50				Circuits 09.30 - 10.00	
10:00			Body Conditioning 10.00 - 11.00		Pulse 10:00- 11:00	Get Active 10.00 - 11.00	
11:00					School Session 11.10 - 13.10		
12:00	School Session 12.10 - 13.30		School Session 12.10 - 13.10				
13:00	Pulse 13.30 - 14.30	School Session 13.10 - 15.30	Pulse 13.30 - 14.30				
14:00			School Session 14.30 - 15.30	School Session 14.30 - 15.30	School Session 14.30 - 15.30		
15:00	Get Active 15.30 - 16.30	Get Active 15.30 - 16.30		Get Active 15.30 - 16.30	Get Active 15.30 - 16.30		
16:00							
17:00					Circuits 17.30 - 18.00		
18:00							
19:00							
20:00							
21:00							
22:00							

GYM OPEN
 PULSE
 GET ACTIVE GYM
 SCHOOL SESSION
 GYM CLASS



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